Seven Core Assumptions
What We Believe to Be True

The true self in everyone is good, wise, and powerful.

Human beings are holistic.

The world is profoundly interconnected.

We need practices to build habits of living from the core self.

Everything we need to be oitive hae i already here.

All hua ei have a ee eire to be in a oo relatiohi.

All hua ei and everoe i eee for what they bring.

The assumptions are derived from and build on Indigenous teachings and other wisdom traditions. Excerpted from *Heart of Hope and Circle Forward*, by Carolyn Boyes-Watson and Kay Pranis. © Living Justice Press. Permissions: ljpress@aol.com  Photo by Loretta Draths: Lake Superior, Minnesota. For educational and training purposes only.